

# How to Pray the Rosary

- 1) Make the sign of the cross and say "Apostles' Creed"
- 2) First bead: Say the "Our Father"
- 3) Next three beads: Say three "Hail Marys"
- 4) Space after three beads: Say the "Glory Be"
- 5) Single bead: Announce First Mystery and say "Our Father"
- 6) Say ten "Hail Marys" while meditating on the Mystery
- 7) On the chain: Say "Glory Be" (Optional: Say "O My Jesus")
- 8) Single bead: Announce the Next Mystery; say "Our Father"
- 9) Repeat steps 6 through 8 through the remaining Mysteries.
- 10) After the 5th Decade, at the large metal, say the closing prayers: the "Hail Holy Queen" and "Final Prayer" and make the sign of the cross

## Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## Our Father

Our Father, who art in heaven, hallowed be your name; your kingdom come; your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen

## Hail Mary

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

## Glory Be

Glory be to the Father, the Son, and the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end.

## Oh My Jesus

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

## Hail Holy Queen

Hail Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement O loving O sweet



Virgin Mary.

V. Pray for us oh holy mother of God.

R. That we may be made worthy of the promises of Christ.

## Final Prayer

O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation; grant we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.

## Luminous Mysteries

**The First Luminous Mystery – The Baptism of the Lord** God sheds light on the true origin of Jesus, revealing Him to all.

**The Second Luminous Mystery – The Wedding in Cana** Jesus' first miracle is done in response to Mary's intercession

**The Third Luminous Mystery – The Proclamation of the Kingdom of God and the call to conversion** Jesus reveals God's plan to change the world into a new creation

**The Fourth Luminous Mystery – The Transfiguration** The apostles witness Jesus transfigured, talking to Moses and Elijah

**The Fifth Luminous Mystery – The Institution of the Eucharist** Jesus offers his body and blood through the bread and wine